



The Lawns Children's Nursery

Menu Week 3



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal or toast with spread and conserve. Milk or Water.	Cereal or toast with spread and conserve. Milk or Water.	Cereal or toast with spread and conserve. Milk or Water.	Cereal or toast with spread and conserve. Milk or Water.	Cereal or toast with spread and conserve. Milk or Water.
Morning snack	Sliced fresh fruit selection. Milk or water.	Cream crackers with cheese and orange slices Milk or water.	Pepper sticks with cucumber and apple slices Milk or water	Rice cakes with raisins and banana slices Milk or water.	Breadsticks with carrot sticks and grapes Milk or water.
Lunch	Picnic lunch with cocktail sausages and vegetable sticks Shortbread biscuits	Roast chicken with roast potatoes, seasonal vegetables and gravy Courgette and lime cake with custard	Sausage and bean pasta with garlic bread Natural yoghurt and fruit	Fish and pea fishcakes with potato wedges, peas and tomato sauce Fruit crumble and custard	Chicken pie with mashed potato and vegetables Blueberry buns
Afternoon snack	Rice cakes with pear and cucumber slices Milk or water.	Breadsticks with raisins and apple slices Milk or water.	Sliced fresh fruit selection Milk or water.	Cream crackers with cheese and orange slices Milk or water.	Breadsticks with pear and banana slices Milk or water.
High tea	Cheese rolls with tomato	Ham wraps with cucumber	Tuna sandwiches with carrot sticks	Cheese wrap with apple slices	Egg sandwiches with cucumber