



# The Lawns Children's Nursery

## Menu Week 1



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal or toast with spread and conserve.  Milk or Water.	Cereal or toast with spread and conserve.  Milk or Water.	Cereal or toast with spread and conserve.  Milk or Water.	Cereal or toast with spread and conserve.  Milk or Water.	Cereal or toast with spread and conserve.  Milk or Water.
Morning snack	Sliced fresh fruit selection  Milk or water.	Pepper sticks with apple and pear slices  Milk or water.	Cream crackers with fresh fruit  Milk or water	Rice cakes with cucumber and banana  Milk or water.	Breadsticks with cheese cubes and pear slices  Milk or water.
Lunch	Homemade Pizza with potato wedges and vegetable sticks  Fruit and yoghurt	Sausages and roast potatoes with seasonal vegetables and gravy  Apple cake and custard	Spaghetti bolognese with garlic bread  Jelly and fruit	Tuna fishcakes with new potatoes and sweetcorn  Pineapple upside down cake with custard	Macaroni Cheese with fresh vegetables  Fresh fruit salad
Afternoon snack	Rice cakes with orange slices and raisins  Milk or water.	Breadsticks with cucumber and carrot stick and a cream cheese dip  Milk or water.	Rice cakes with cheese and apple slices  Milk or water.	Breadsticks with pear and pepper slices  Milk or water.	Cream crackers with apple slices and grapes  Milk or water.
High tea	Egg sandwiches with salad and fruit	Cheese wraps with salad and fruit	Tuna sandwiches with salad and fruit	Ham and cheese wraps with salad and fruit	Ham sandwiches with salad and fruit